**ACRES 2019 Annual Conference**

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**True (T) or False (F) statements**

**1. \_\_\_\_\_\_ Thirty percent of fathers who have a child on the autism**

 **spectrum are likely to experience some form of clinical**

 **depression.**

**2. \_\_\_\_\_\_ Couples who have a child on the autism spectrum are**

 **more likely to divorce than couples who have children**

 **without a disability.**

**3. \_\_\_\_\_\_ A parent’s (father or mother) affirming attitude towards**

 **their child’s behavior at school or home is essential in**

 **improving the necessary child, parent and family bond**

 **that is needed to maintain the family unit.**

**4. \_\_\_\_\_\_ Therapeutic counseling or evidence based family**

 **interventions are more beneficial when a “family**

 **system’s” approach is used.**

**5. \_\_\_\_\_ There can be overlap in the support needs of mothers and**

 **fathers of children to adolescents with autism.**

**6. \_\_\_\_\_ Fathers who have a child on the autism spectrum can use**

 **self-management strategies including yoga, counseling,**

 **writing down feelings and relaxation therapy as a way to**

 **support themselves emotionally**