**ACRES 2019 Annual Conference**

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**True (T) or False (F) statements**

**1. \_\_\_\_\_\_ Thirty percent of fathers who have a child on the autism**

**spectrum are likely to experience some form of clinical**

**depression.**

**2. \_\_\_\_\_\_ Couples who have a child on the autism spectrum are**

**more likely to divorce than couples who have children**

**without a disability.**

**3. \_\_\_\_\_\_ A parent’s (father or mother) affirming attitude towards**

**their child’s behavior at school or home is essential in**

**improving the necessary child, parent and family bond**

**that is needed to maintain the family unit.**

**4. \_\_\_\_\_\_ Therapeutic counseling or evidence based family**

**interventions are more beneficial when a “family**

**system’s” approach is used.**

**5. \_\_\_\_\_ There can be overlap in the support needs of mothers and**

**fathers of children to adolescents with autism.**

**6. \_\_\_\_\_ Fathers who have a child on the autism spectrum can use**

**self-management strategies including yoga, counseling,**

**writing down feelings and relaxation therapy as a way to**

**support themselves emotionally**